



MY MELODIES

OBJECTIVES:

- Encourage participants to unleash their creativity and imagination by connecting with the emotions and images inspired by different music tracks.
- Foster the ability to weave a compelling story, incorporating elements such as characters, setting, and plot, all influenced by the chosen music.
- Explore the role of music in evoking and expressing emotions within a storytelling context.

CHALLENGES&TIPS:

Challenge: Some participants may find it challenging to start their stories or develop a plot.

Tips: Prompt participants to incorporate symbolic elements from the music into their stories, deepening the connection between the auditory and written experiences.
Be flexible with the structure and format of the stories.

PRESENTATION

Play several short pieces of instrumental music and ask participants to close their eyes and let the music guide their imagination. Encourage them to write down any feelings, images or stories that come to mind as they listen to each track.

After the exploration, ask participants to choose one track that inspired them the most. This will be the "melody" in their story.

Participants will now develop a short story based on their chosen Melody. They should incorporate the emotions and images inspired by the music into their stories. Remind them to focus on descriptive language and setting the mood.

At the end of the activity, if time allows, participants can either read their stories or create a short dramatic performance accompanied by their melody. This adds a multi-sensory dimension to the storytelling experience. Discuss how different pieces of music influenced their stories and explore the variety of narratives that can emerge from the same piece of music.

PARTICIPANTS: There is no number limit

SPACE: Classroom or music room.

DURATION: suggested timeframe could be approximately 2 to 2.5 hours.

MATERIAL NEEDED: A variety of instrumental music tracks or pieces with different moods (happy, sad, adventurous, mysterious, etc.)
Speaker or music player
Paper and writing tools for participants.